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# THE FOOD AND SOUL OF THE DOURO VALLEY A COLORFUL CRUISE ALONG A HISTORIC RIVER TO TASTE THE LOCAL SPECIALTIES (PORT-TO-PORT CRUISE)

Trip Code: RGR\_PP Duration: 8 Destination: Travel Dates: 2022

DAY 1 PORTO

At the end of the day, we'll check in to a 4-star hotel. Join us this evening for an evening tour of Porto by coach. We'll have dinner and spend the night at the hotel.

#### DAY 2 PORTO

Breakfast will be served at the hotel. We'll set out on a guided tour of Porto and relive its history through its famous Azulejo tilework. We'll enjoy a traditional lunch in the fishing village of Afurada just across the river from the city. After lunch, we'll spend some time strolling through the village. We'll return to our hotel for dinner and the night.

# DAY 3 PORTO - PENAFIEL - PALA

Breakfast will be served at the hotel. We'll leave by coach for Penafiel, a lovely town with many interesting sites and great views of the surrounding landscape. Our visit includes a stop at the Casa Museo de la Ribera, an ethnographic museum that recreates the daily life of the town during the early 20th century. Our next stop will be the Quinta da Aveleda estate to visit its lovely gardens, where we'll enjoy a tasting of the domain's Vinho Verde—a light and slightly bubbly wine.\* We'll have lunch on the estate. After the tour, you'll be transferred to Pala Ribadouro, where you'll board our ship and we'll introduce our crew at a welcome cocktail. We'll enjoy dinner and an evening of activities on board before calling it a night.

#### DAY 4 REGUA

We'll spend the morning cruising to Régua. During our afternoon excursion, we'll visit the Douro Museum, the ideal place to learn about the history, culture, and identity of the Douro wine region. We'll also visit a quinta that produces port wine and olive oil to learn about how both are produced before enjoy a dual tasting.\*

After our excursion, we'll return on board the ship. Enjoy an evening of fado entertainment on board.

DAY 5 REGUA - Lamego - BARCA D'ALVA

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This morning, we'll set out on an excursion to Lamego, whose most beautiful site in the city is the historic chapel Nossa Senhora dos Remédios and its steep Baroque stairway. We'll also enjoy a tasting of local sparkling wine, ham, and cold cuts.\*

The afternoon will be spent cruising the beautiful countryside within the Upper Douro.

Tonight, we'll enjoy a Spanish-themed evening with a flamenco demonstration.

# DAY 6 BARCA D'ALVA - VEGA DE TERRON - SENHORA DA RIBEIRA

This morning, we'll visit historic Figueira de Castelo Rodrigo and its famous medieval castle, where you can enjoy a tasting and presentation of local products and delights. We'll return on board the ship in Vega de Terron. We'll then spend the afternoon cruising to Senhora da Ribeira.

Enjoy an evening of entertainment on board.

# DAY 7 SENHORA DA RIBEIRA - PINHÃO - FOLGOSA

We'll spend the morning cruising to Pinhão, a lovely town located on the confluence of the Douro and Pinhão Rivers. In the afternoon, we'll visit the Bread and Wine Museum to understand the history behind how these two staples became the bedrock of the village. We'll enjoy a tasting of fruity, aromatic Moscatel sherry and the village's famous cross-shaped bread.\* We'll return on board the ship in Folgosa.

Tonight is our festive gala evening.

# DAY 8 FOLGOSA - REGUA - PORTO

We'll arrive in Régua in the early morning. Enjoy breakfast before disembarking at 9:00 a.m. You will be transferred to the airport. End of our services.

# DAY

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